AGENDA ITEM

REPORT TO HEALTH AND WELL BEING BOARD

> 24TH JULY 2013 REPORT OF DIRECTOR OF PUBLIC HEALTH

School nursing review - Update

Summary

This briefing outlines progress to date on the school nursing review being carried out by Stockton Borough Council Public Health as new commissioners of the service.

Recommendations

The Stockton Health and Wellbeing Board are asked to consider the update.

Background

- The Stockton Joint Health and Wellbeing Strategy 2012-2018 is based upon the six policy areas set out in the Marmot Review (2010)¹, of which two are specifically about the needs of children:
 - Give every child the best start in life
 - Enable all children, young people and adults to maximise their capabilities and have control over their lives
- 2. Stockton Borough Council became responsible for commissioning school nursing services from April 2013. There is an opportunity to understand current service provision and how this fits with the Healthy Child Programme² (*Appendix 1*) and other services supporting health and wellbeing and early intervention in children and young people. This will be the first opportunity for the CYPHWG to consider joint commissioning opportunities and ensure these are included in the consultation process. Other children's Public Health services currently sit with the NHS Area Team and are due to transfer to Local Authorities in 2015. *Appendix 2* sets out the dependencies being considered in undertaking the review.
- 3. The Public Health team is currently reviewing school nursing provision to understand how far it meets the Healthy Child Programme standards². The service is provided through North Tees and Hartlepool NHS Foundation Trust. The service has historically been managed as part of a multi-million pound NHS Foundation Trust contract. Therefore the service specification does not necessarily reflect current service provision.

4. The Children and Young People Health and Wellbeing Group (CYPHWG) are the strategic group of commissioners responsible for oversight of health and wellbeing for this population group. The CHYPHG is overseeing the review.

Review of the school nursing service

- 5. The review of the service is being carried out in two stages. The first stage is to review and understand current service provision, working closely with the service to understand how it meets the current service specification and the Healthy Child Programme. Stage two is to consult more widely with a range of stakeholders on what a school nursing service could / should look like in the context of the Healthy Child Programme. The outcomes of the review will inform a revised service specification.
- 6. The review in Stockton is being carried out in communication with Hartlepool Borough Council Public Health, due to the single service provider across both localities.
- 7. Stage One: Service mapping (July 2013). Throughout July, the Public Health team is working with the school nursing service and key stakeholders (schools, FE colleges, social care, providers of children and young people's health services e.g. Alliance, More Life) to map the main pathways of the service. The mapping exercise will clarify the current school nurse pathway and how the service exchanges information and communicates with key agencies.
- 8. The next step is to review the outcomes of the mapping exercise against local child health data and the national Healthy Child Programme 5-19yrs. This will identify how the service is currently operating and what areas of development are required to meet the new national service model Getting it right for children, young people and families Maximising the contribution of the school nursing team (2012)³.
- 9. The Healthy Child Programme (*Appendix 1*) sets out the core elements for a health child pathway, across service providers and settings.
- 10. Getting it right for children, young people and families (2012) ³ (Appendix 3) sets out the framework within which services are recommended to operate, of which the school nursing service is an important part.
- 11. Stage Two: Consultation (September November 2013). A consultation will be held with service providers and communities in Stockton-on-Tees regarding their views on healthy child pathways, to ensure school nursing services are reflective of local need and well designed for future sustainability. Proposed methods of consultation are:
 - General Survey
 - Face to Face Interviews
 - Focus Groups
 - Consultation event for providers of children and young peoples services

12. Public Health colleagues are working closely with the Local Authority engagement team to understand current groups for consultation and to comprehensively map stakeholders (including children and young people, schools, etc.). Public Health will also use national consultation information e.g. *Our School Nurse, Young people's views on the role of the school nurse* (2011)⁴ to inform the context of the local consultation discussions.

Sarah Bowman Consultant in Public Health Stockton Borough Council

References

- 1. The Marmot Review (2010) Fair Society, Healthy Lives. Available from: <u>http://www.instituteofhealthequity.org/projects/fair-society-healthy-lives-the-marmot-review</u>
- 2. Department of Health (2009) Healthy Child Programme from 5-19 years old. Available from: <u>http://webarchive.nationalarchives.gov.uk/+/www.dh.gov.uk/en/publicationsan</u> <u>dstatistics/publications/publicationspolicyandguidance/dh_107566</u>
- Department of Health (2012) Getting it right for children, young people and families – Maximising the contribution of the school nursing team: Vision and Call to Action. Available from: <u>https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/</u> 152212/dh 133352.pdf.pdf
- British Youth Council (2011) Our School Nurse Young peoples views on the role of the school nurse. Available from: http://www.chimat.org.uk/resource/item.aspx?RID=117831

Appendices

Appendix 1: The Healthy Child Programme

The Healthy Child Programme focuses on the following elements:

- Prevention and early intervention
- Key health priorities: Health inequalities; emotional health, psychological wellbeing and mental health; promoting healthy weight; long-standing illness or disability; teenage pregnancy and sexual health; drugs, alcohol and tobacco
- Safeguarding
- Health development reviews: assessing the young person's and family's strengths, needs and risks and physical and mental health; includes Looked After Children and Special Educational Needs
- Screening: e.g. antenatal and newborn screening; hearing and vision screening
- Immunisation programmes
- Signposting of services: for children, families, young parents and carers
- Environments that promote health: schools, Further Education; services meeting the 'You're Welcome' criteria; comprehensive, age-appropriate PSHE
- Support for parents and carers

Appendix 2: Dependencies

Local Authority	CCG	NHSCB
Children's public health 5- 19	Children's healthcare services (mental and physical health)	Public health services for children from pregnancy to aged 5 (Healthy Child Programme 0-5) including
Healthy Child Programme for school-age children, including school nursing	Treatment services for children, including child and adolescent mental health services (CAMHS)	health visiting and family nursing partnership (commissioned on behalf of Secretary of State)
	Maternity and newborn services (excluding neonatal intensive care)	Antenatal and newborn screening aspects of maternity services
		Immunisation programmes
		Health services (excluding emergency care) and public health services for people in prisons and other custodial settings (adult prisons, young offender institutions, juvenile prisons, secure children's homes, secure training centres, immigration removal centres, police custody suites)

Appendix 3: Framework: Getting it right for children, young people and families – Maximising the contribution of the school nursing team³

Services with sound foundations

Service information Information in different formats and media tailored to children, young people and parents' needs. 'Visible opportunities' in the school and beyond.

Transitions Robust care pathways for school entry and moving from primary to secondary school.

Involvement Young people designing services and being 'health champions.

Productive Community Services Best value and maximised contact time.

New technologies Smart phone 'Apps' for example to support management of long term conditions. Mobile working solutions for nurses.

Young people friendly ways of communicating: Text messages and emails for booking appointments and seeking advice.

A service offer at four levels

Your Community describes a range of health services (including GP and community services) for children and young people and their families. School nurses will be involved in developing and providing these and making sure you know about them.

Universal Services from your school nurse team provides the Healthy Child Programme to ensure a healthy start for every child. This includes promoting good health, for example through education and health checks, protecting health eg by immunisations and identifying problems early.

Universal Plus provides a swift response from your school nurse service when you need specific expert help which might be identified through a health check or through providing accessible services where you can go with concerns. This could include managing long-term health issues and additional health needs, reassurance about a health worry, advice on sexual health, and support for emotional and mental health wellbeing.

Universal Partnership Plus delivers ongoing support by your school nursing team as part of a range of local services working together and with you/your family to deal with more complex problems over a longer period of time.

Services with strong innovation

Improved accessibility Services in local young people community settings. Young people healthy living services & 'drop ins'. Increasing technology support eg 'healthy living centre apps'.

Partnership services Community action on alcohol and Young People alcohol advisory service.

Quality 'You're welcome' standards met in providing Healthy Child Programme.

Reducing health related school absence Advice booklets, apps and awareness campaigns. Illness advice line and drop in services.

Early help Health needs assessments to identify issues early and support services for emotional health and wellbeing.

Information sharing Effective systems to share information between professionals and with young people and families.

10